

POINT GREY SECONDARY

NEWS & EVENTS

Jan 10, 2020

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www.pointgreyparents.org



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PAC Meeting – Wed Jan 22nd

Point Grey Library

Followed by speaker: Dr Edward Zhang

Dr. Zhang will speak on important issues & tricks for university Applications

*** Dr. Zhang will present in both English & Mandarin***

University applications for Grade 12 students are underway. Dr. Zhang will be hosting a workshop on “Important Issues and Tricks for University Application” in Point Grey Secondary School on October 10th. In this workshop, Dr. Zhang will address many issues that students and parents are concerned with, or even stressed about. These topics include whether students’ current courses meet specific university admission requirements, how universities calculate admission averages, what extra-curricular activities students need to prepare for university applications, and how to write a good application profile. Dr. Zhang will also explain issues such as scholarships, campus housing, application deadlines, and offer acceptance.

PAC Meeting Agenda: 1. Welcome; 2. Adoption of Minutes; 3. Principal’s Report; 4. Co-Chair’s Report; 5. Treasurer’s Report; 6. Committee Reports; 7. Announcements; 8. Adjournment

Message from Our Administration

From: **Andrew Humphries, our new Vice Principal**

Hello Parents/Guardians,

What a pleasure to be at Point Grey Secondary (I spent the last 3.5 years as Vice Principal at Churchill Secondary). In just one week I can see that Point Grey is a school that is full of life... amazing students and staff, a strong sense of community, a dedication to excellence, and a school spirit of warmth and humour.

From my viewpoint, the job of Vice Principal is to:

- Listen
- Support students, staff and parents in all aspects of school life
- Assist in developing and maintaining instruction that is based on “best practice”
- Provide leadership, but also follow the lead of others

I bring a teaching background in Science, Social Studies, Global Sustainability and Field Studies, and a keen interest in helping young people discover who they are.

I look forward to many months and years as a Greyhound. Please say “hello” next time our paths cross.

From our Administration:

Here are some upcoming events for January:

- Grade 7 Parent Info Evening (Wednesday, January 15 at 6:00 pm beginning in the Auditorium)
- Field trips to Manning Park and Loon Lake
- Course planning begins for grade 8 – 11 students
- Literacy Exam (a graduation requirement) for all grade 10 students (January 20 – 23)
- Course Planning Night for Parents (Wednesday, January 29 at 6:30 pm in various classrooms)

Gift Cards – not just for gifts!

It's pretty easy, you order a gift card from the PAC and we receive a percentage of the value of the card. Use it when you shop at T&T Supermarket, Choices, Save-on-Foods, Stong's... Why not pay with a gift card, it's an easy way to support the PAC.

You can download the form from our website www.pointgreyparents.org under the fundraising tab. Just fill out the form, drop have your child drop it in the office before the deadline along with a check made out to Point Grey PAC. Questions? info@pointgreyparents.org ***Our next order deadline is Tuesday, January 21st, 10am, pick-up on Thursday, January 30th by the end of the day from the school office. Your student will need an ID to pick up the order.***

The Vancouver School Board and Vancouver Coastal Health are co-presenting two upcoming parent/caregiver education workshops.

1. **Anxiety in Children and Youth:** What you see, impacts on family life, impacts on functioning, helpful and unhelpful responses, school supports, community treatment options. On Thurs. Jan. 16, 6:00 - 8:00 PM, at L'Ecole Bilingue Elementary School, 1166 W. 14th Ave. Light refreshments will be provided. To register: <https://anxietyinchildrenandyouth.eventbrite.ca>
2. **Responding to Challenging Behaviour:** Parents and caregivers will gain an understanding of behavioural theory, prevention, crisis development, do's & don'ts and strategies, with a Q & A period. On Thurs. April 2, 6:00 - 8:00 PM, at L'Ecole Bilingue Elementary School, 1166 W. 14th Ave. Light refreshments will be provided. To register: <https://respondingtochallengingbehaviour.eventbrite.ca>

Useful Information from DPAC

- The City of Vancouver has started a multi-year engagement process to determine a roadmap for a "**Vancouver Plan.**" They currently have a survey open to understand who you are and what Vancouver means to you with the intention to use this information to create a plan that reflects the aspirations, hopes and dreams of all who live, work and play here. <https://vancouverplan.ca/>
- **Jan 17 - Brain-wise parenting: Raising Children based on brain science**, Richmond Public Health, Richmond - [more information](#)
- **Jan 23 - SACY: Building Bridges with your Teen:** Explore brain changes and the science behind teen behavior. Share insights, and together explore practical ways to support healthy decision-making and develop capable young people. This workshop may be particularly helpful for parents of grade 7 – 9 students as they add to their parenting skills as parents of teens. ([poster](#)) **Sir Winston Churchill Secondary, 6:45-9pm** Limited seating! Please register at: www.sacy.eventbrite.com
- **Jan 30 at Churchill Secondary Parenting in a Digital World** ([poster with RSVP link](#))

- **Feb 26 - SACY Adult Toolkit:** Join SACY and SACY STEP facilitators for a non-judgmental, interactive evening to increase your health literacy in adolescent development and substance use (cannabis, vaping, alcohol and others.) Come to add knowledge and evidence-based approaches to your parenting toolkit. ([poster](#)) **Sir Charles Tupper Secondary, 6:30-8:30pm** Limited seating! Please register at: www.sacy.eventbrite.com

Community Events

- **Saturday February 1st, 2020; Barbara Arrowsmith Young**, founder of the Arrowsmith Program, author of the *Woman Who Changed Her Brain* Happy New Year, everyone! Hosted by Eaton Arrowsmith – it's your chance hear this remarkable woman speak about her own journey of neuroplastic change, and learn how we can all get to the root of learning barriers in order to reach our true potential without having to rely solely on accommodations - or others - to achieve success academically or in life. Barbara will also be sharing research updates from the newly published 3rd edition of her best-selling book, *The Woman Who Changed Her Brain*. This book will be available for sale at each event. Barbara will also be on hand to sign copies! February 1st: tickets available [here](#).

Upcoming Calendar Dates

- Jan 12-14 – Grad Photos at Artona
- Wed Jan 15, 6-7pm – Grade 7 Info Night
- Wed Jan 22 – 7pm – PAC Meeting
- Mon Jan 27 – Pro-D Day
- Tues Jan 28 – Block 2 Rotation Starts Today
- Wed Jan 29 – Early Dismissal 2:08pm

Bi-weekly Newsletter submissions accepted until Wednesday 5pm the week of the newsletter, info@pointgreyparents.org More information can be found on <https://www.pointgreyparents.org>

We are grateful to live, work & learn on the unceded, ancestral territories of the Musqueam, Squamish and Tsleil Waututh Nations.